

Things to Avoid Doing

Everyone needs to be careful not to lose his dignity and freedom and thus his sense of direction; loss of direction leads usually to loss of happiness and satisfaction. Everyone should also be careful not to sacrifice his independence even if traditions demand that he does so, or in order to please others and be extra kind to strangers.

If you stay long enough in one place, enchantment with the place could easily become entrapment; making you unhappy, while giving you no options to leave and seek a new, more interesting place or rewarding work. Therefore, you should try to keep your options open at all times, and not lose sight of new opportunities; you should keep thinking of new things that make life more interesting and exciting.

Affection could become addiction; if love causes affection to become addiction, it might turn addiction into moral and social hazard and make the relationship a costly endeavor you cannot afford. No addiction is good enough to keep you happy and keep life interesting at all times. Addiction is more likely to reduce your life from being an exciting journey into the unknown to being a mere destination stuck in one colorless, tasteless place, depriving you of the motive to seek happiness, excitement and new opportunities.

Respect for older people is a polite thing to do; at times it may be an obligation you need to keep in mind. However, respect must be mutual; if older people fail to reciprocate and treat you with respect you could easily lose your dignity and the right to be free. As you respect others, you need to make sure that others respect you as well; older people, particularly in the East, are more likely to demand respect from younger people without showing the same degree of respect towards them; such an attitude should be considered unacceptable.

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